

The Affective Mapping System:

An information network of stress solidarity

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Student Stress



UCLA's Commitment to Students' Well-being

UCLA

The Counseling Center

Counseling & Psychological Services

A Department of Student Affairs

Social Outlets for Stress

Stress facebook status #637658

FINALS: May cause sleep deprivation, loss of friends and fun, neglect of family, excessive crying and hair loss and burning eyes. Is the semester over yet???

Social Outlets for Stress

Stress facebook status #678582

WARNING, WARNING, STRESS LEVEL EXCEEDED, Warning
Melt Down Possible, Warning Meltdown to Commence in 5
4 3 2 KKKKAAAABBBBOOOOMMMM!!! 1 Meltdown
Complete.

Social Outlets for Stress

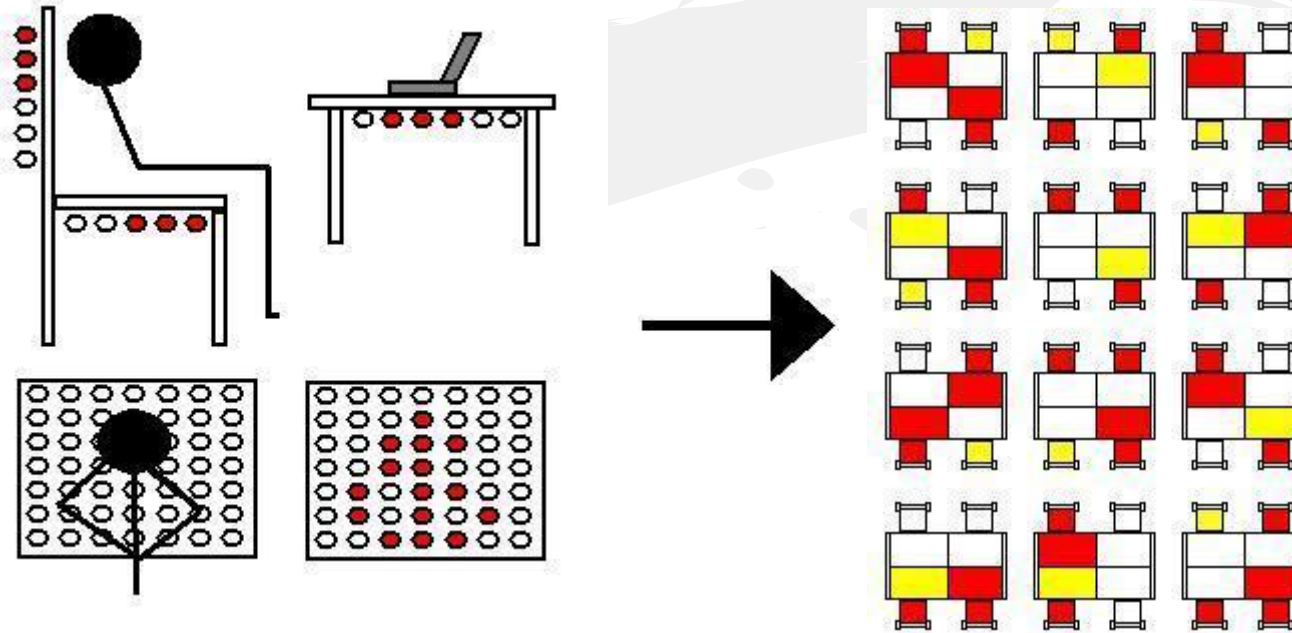
Stress facebook status #664615

Oh No

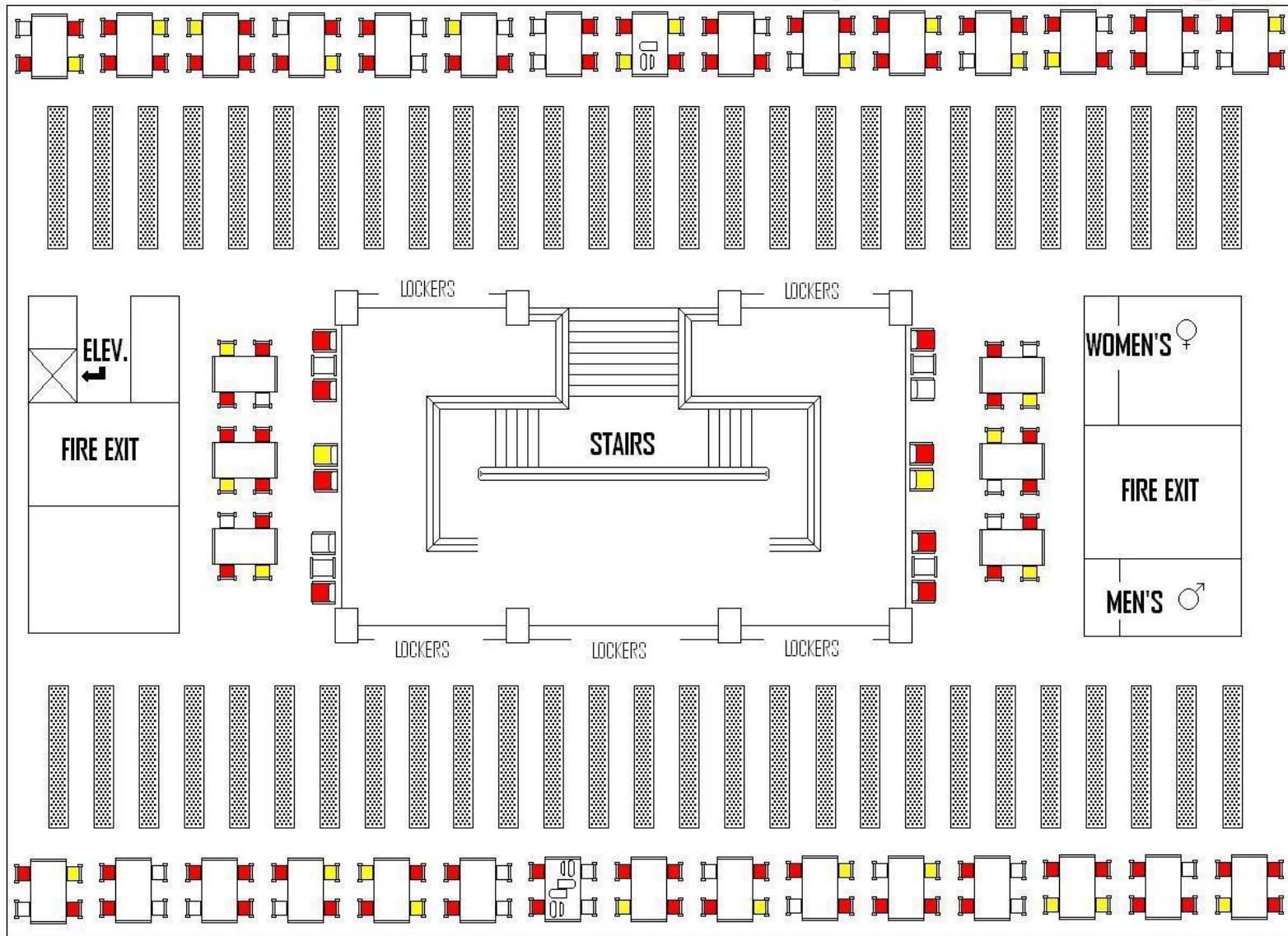


Technical infrastructure

Sensor Elements: Weight

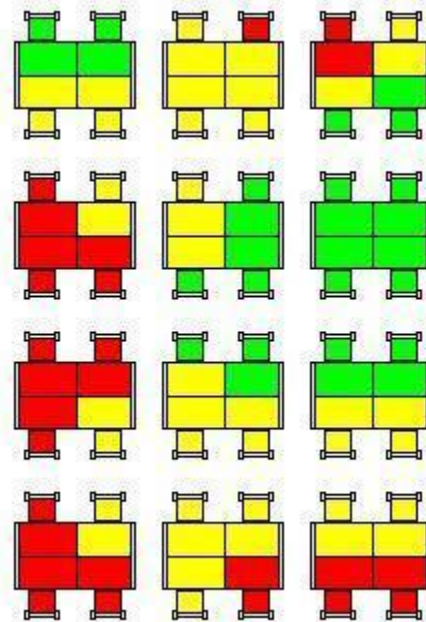
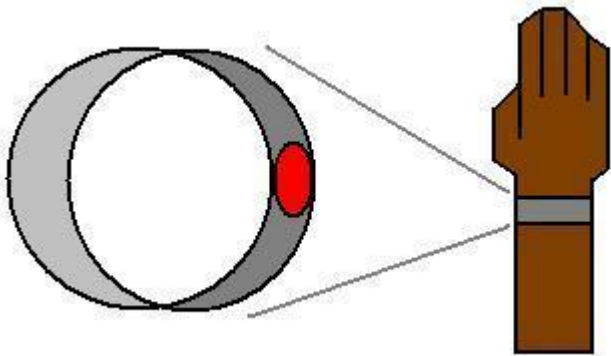
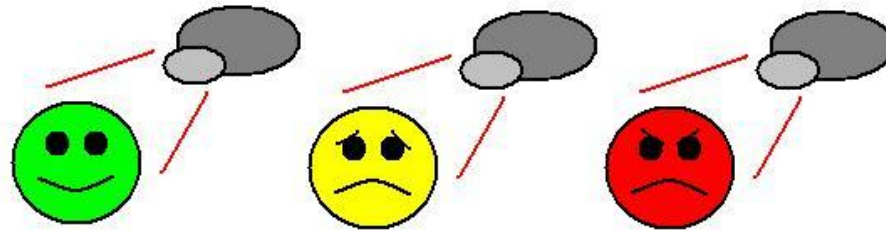
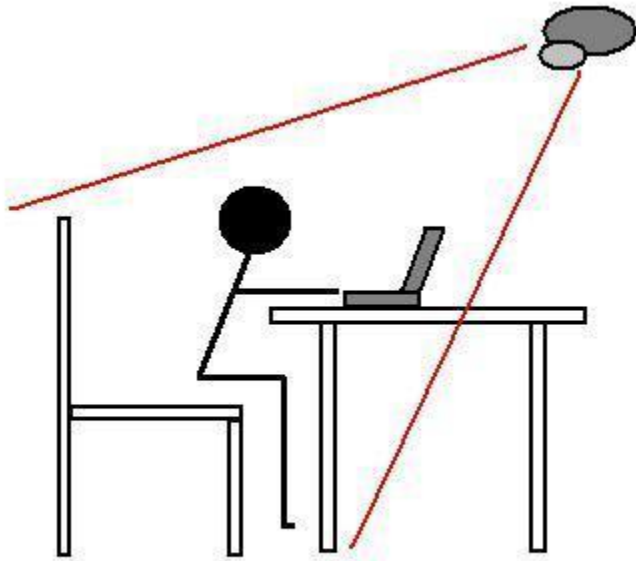


Display Elements: Seating

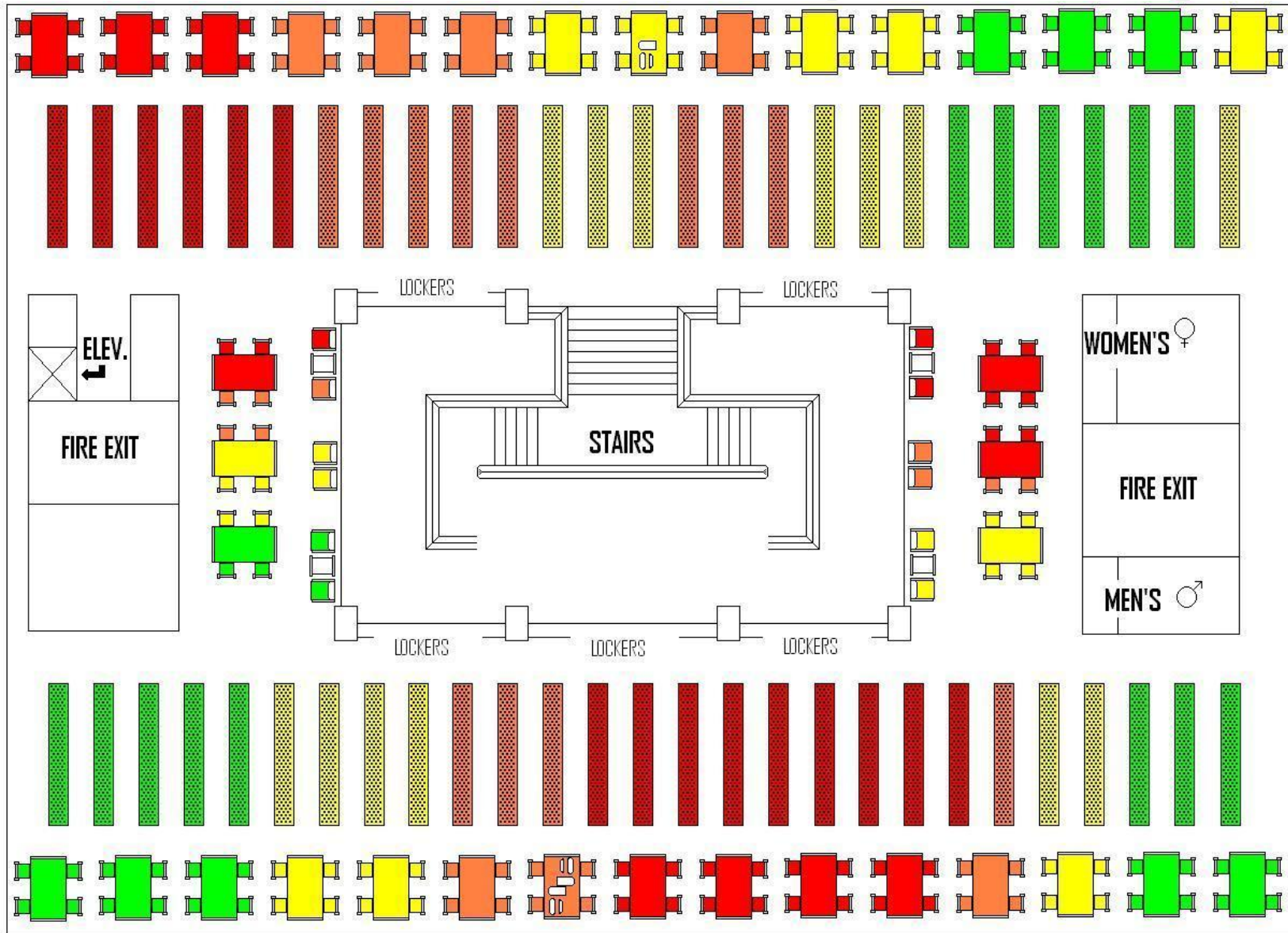


Floor map original retrieved May 31, 2012, from University of Florida, George A. Smathers Libraries, <http://www.uflib.ufl.edu/educ/2ndFloor.html>

Sensor Elements: Affect

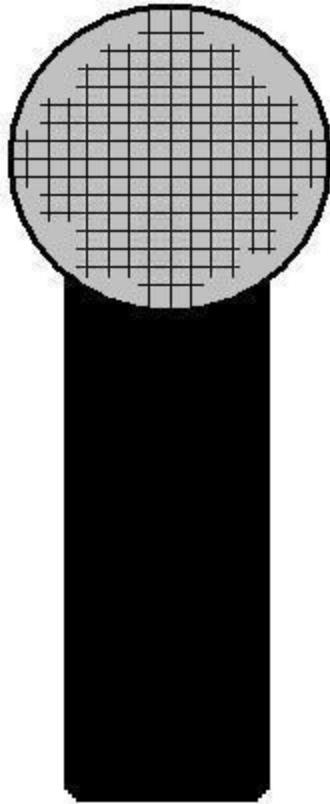


Display Elements: Intensity

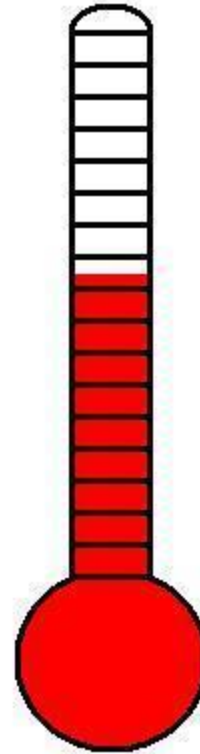


Additional Sensors/Inputs

Microphones: Noise Level

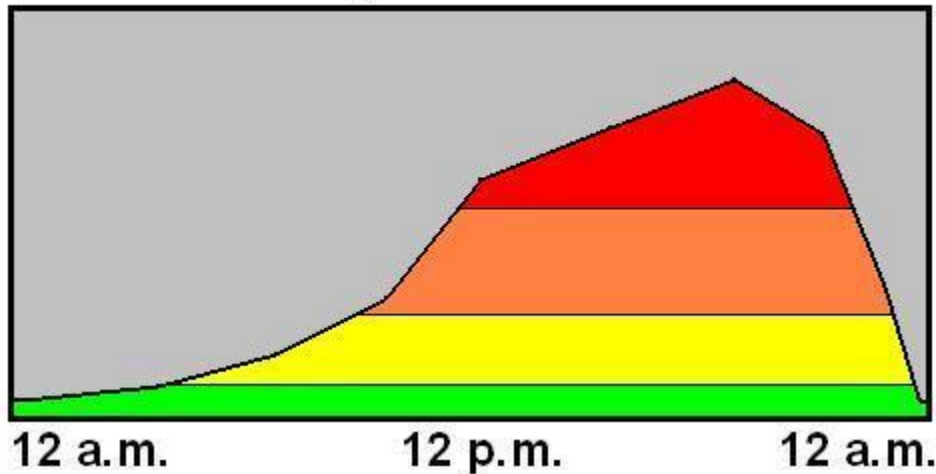


Thermostats: Temperature

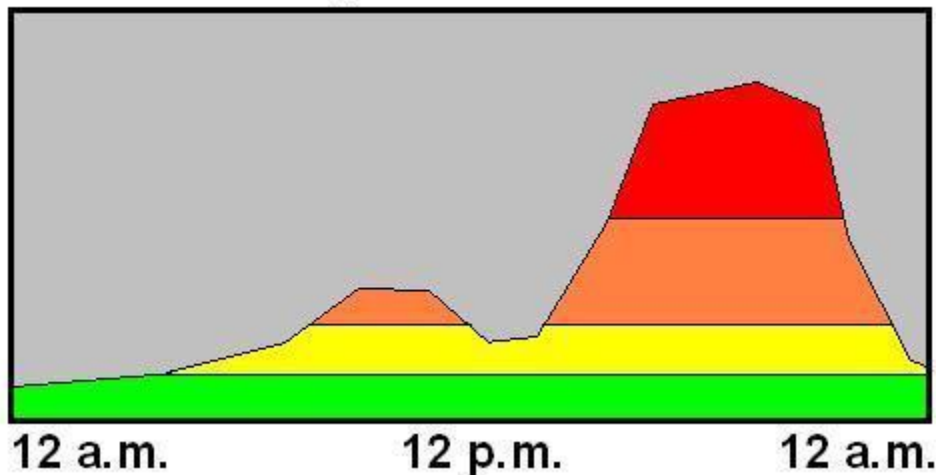


Display Elements: Trends

Study Area 1: Noise



Study Area 1: Stress



Current Status

Study Area 1

Occupancy

Noise

Stress

Temperature

Study Area 2

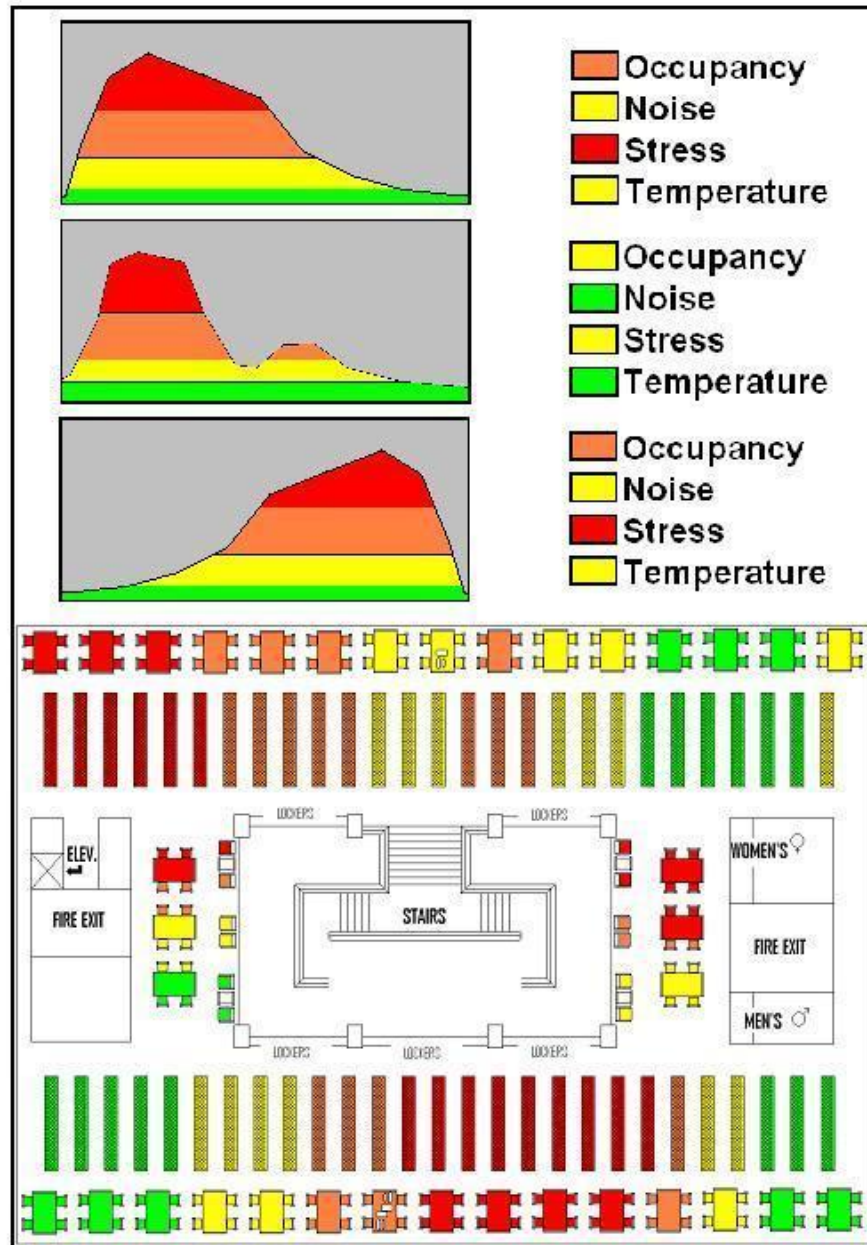
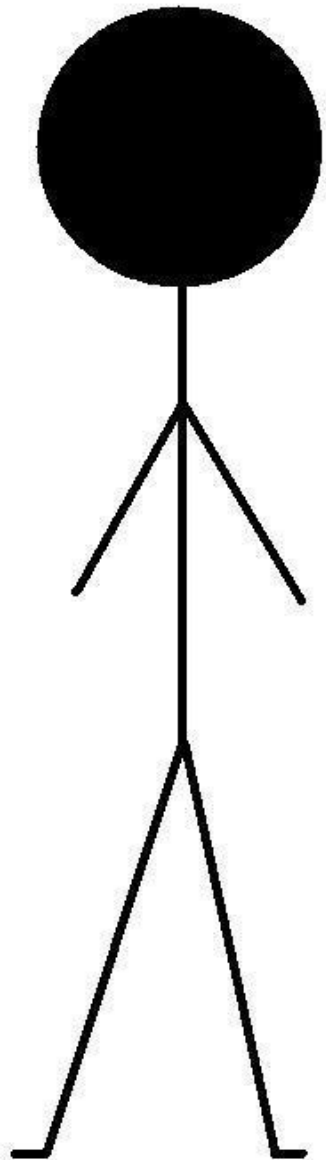
Occupancy

Noise

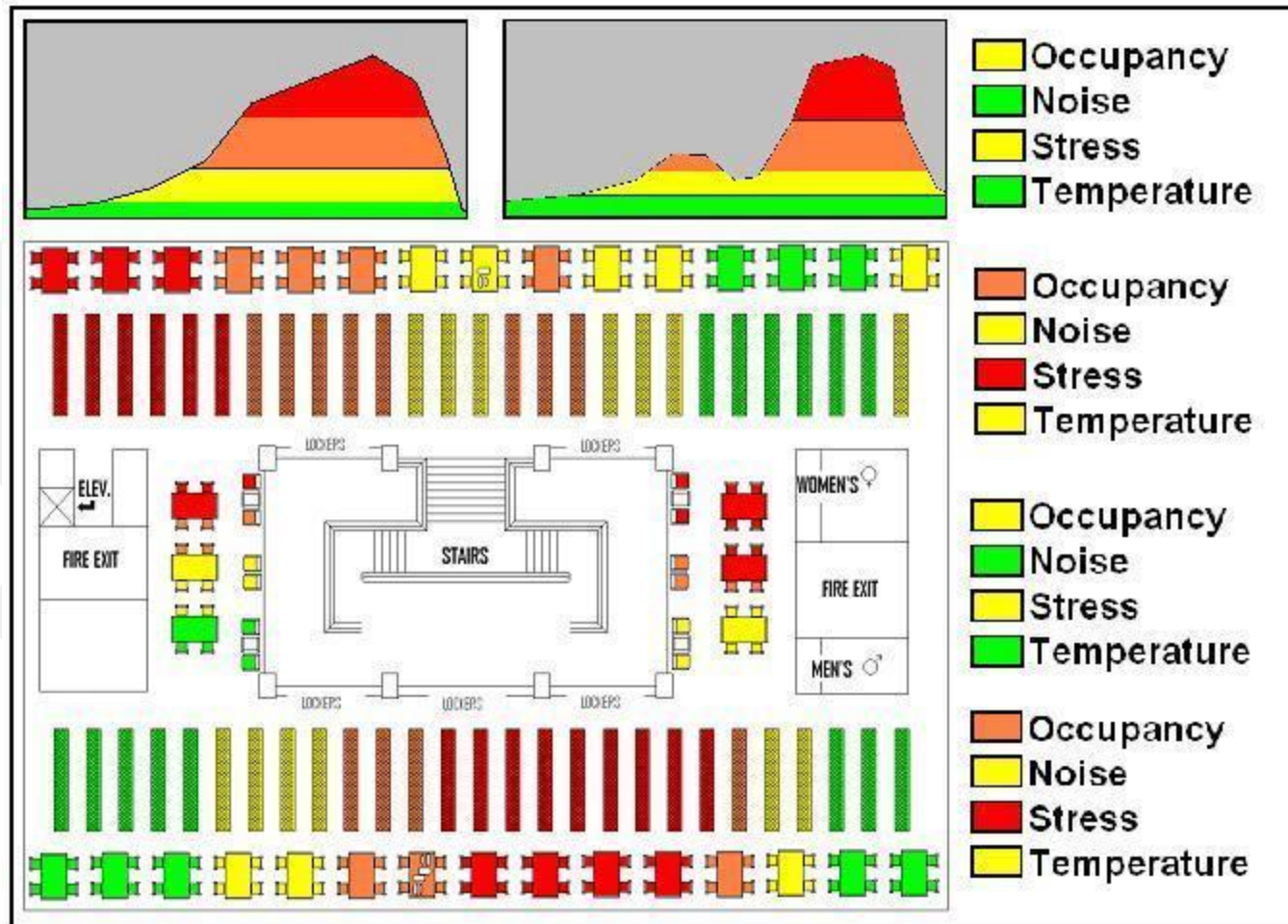
Stress

Temperature

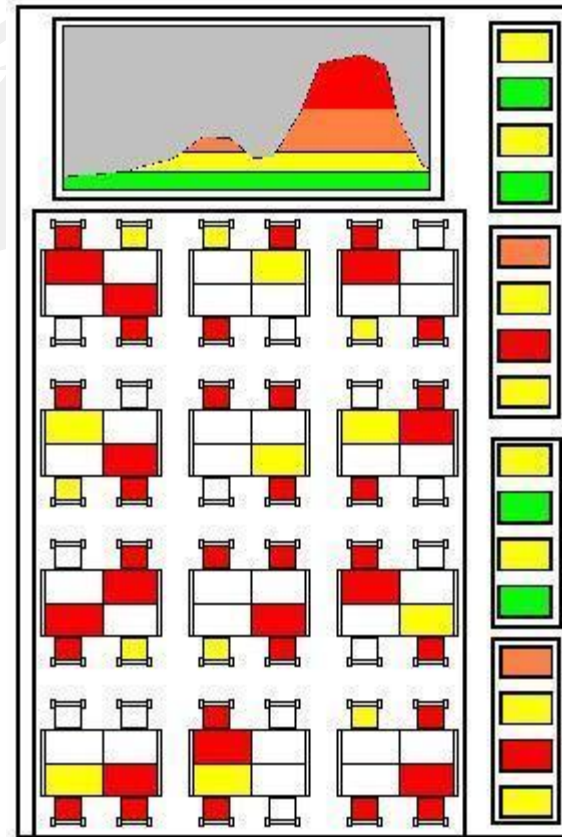
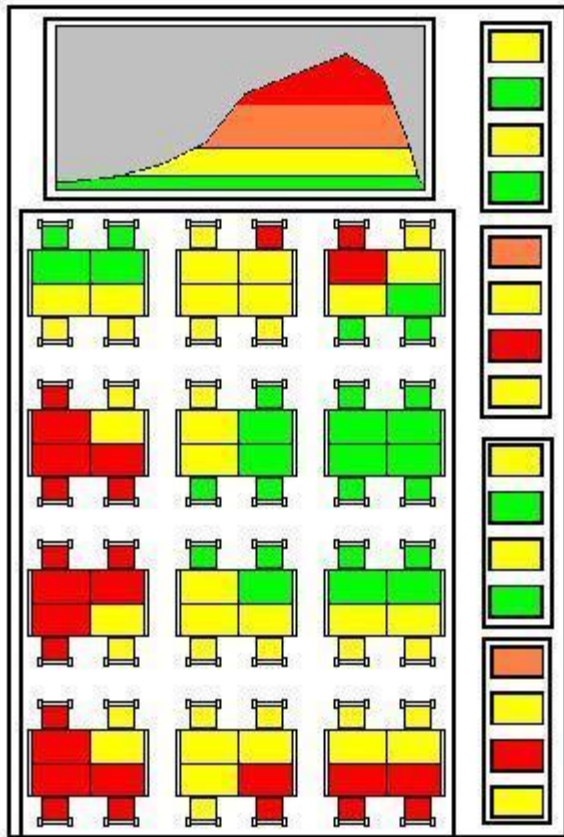
Sample Display: Digital Signage



Sample Display: Monitor



Sample Display: Smartphones





We have the technology



Source: www.technologyreview.com/biomedicine/37784/


Hit your Daily Goal.



 BASIS



Sources: www.nike.com/fuelband; www.mybasis.com

 MoodJam



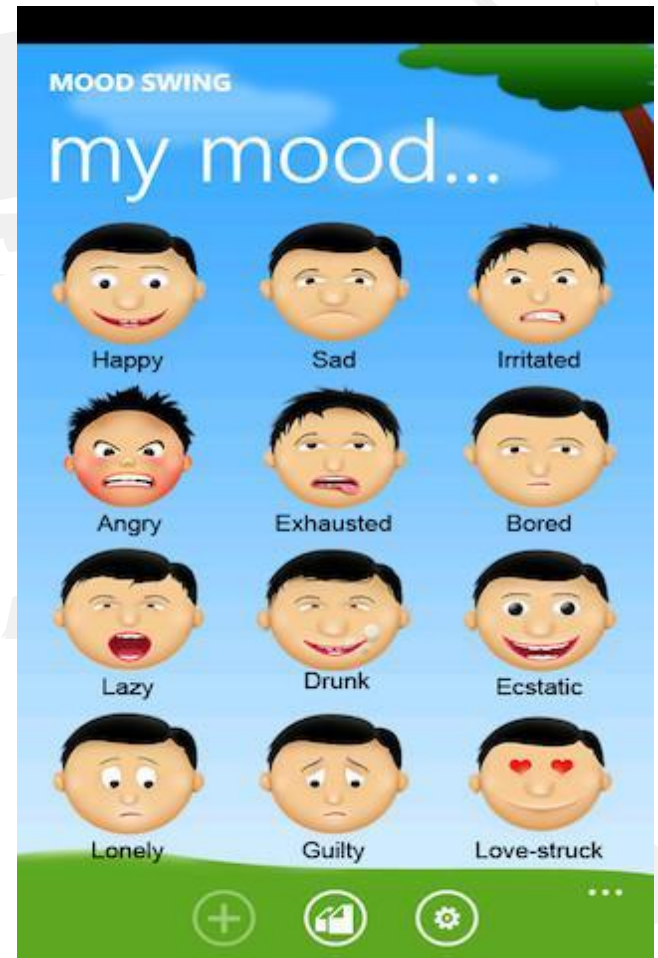
Your Mood Weather Report



moodscope
...with a little help from your friends



Mood Detector





MoodJam

Your moods. In color.

Track your moods using colors and words.
See visualizations of your moods.
Share your moods with others.

Source: www.moodjam.com

Carnegie Mellon

**• Human-
Computer
Interaction
Institute**

mood 



Mobile Mood Diary

An iPhone App, website,
and a mobile enabled
website



iPhone App

Source: www.moodpanda.com

Track Happiness Mood Panda



+1 29 Like 840

World mood is currently 4.7

Brighton is currently a little unhappy



Males are currently happier than females

Source: www.moodpanda.com



A

network

of

stress

solidarity



The End