The Affective Mapping System:

An information network of stress solidarity

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Student Stress
UCLA's Commitment to Students' Well-being
Social Outlets for Stress

**Stress facebook status #637658**

FINALS: May cause sleep deprivation, loss of friends and fun, neglect of family, excessive crying and hair loss and burning eyes. Is the semester over yet???
Social Outlets for Stress

Stress facebook status #678582

WARNING, WARNING, STRESS LEVEL EXCEEDED, Warning Melt Down Possible, Warning Meltdown to Commence in 5 4 3 2 KKKKAAAAABBBOOOOOMMMM!!! 1 Meltdown Complete.
Social Outlets for Stress

Stress facebook status #664615

Oh No
Technical infrastructure
Sensor Elements: Weight
Display Elements: Seating

Sensor Elements: Affect
Additional Sensors/Inputs

Microphones: Noise Level

Thermostats: Temperature
Display Elements: Trends

Study Area 1: Noise

Study Area 1: Stress

Current Status

Study Area 1
- Yellow: Occupancy
- Green: Noise
- Orange: Stress
- Green: Temperature

Study Area 2
- Orange: Occupancy
- Yellow: Noise
- Red: Stress
- Yellow: Temperature
Sample Display: Digital Signage
Sample Display: Monitor
Sample Display: Smartphones
We have the technology
Hit your Daily Goal.

Sources: www.nike.com/fuelband; www.mybasis.com
MoodJam

Your Mood Weather Report

moodscope
...with a little help from your friends

MOOD SWING
Mood Detector
MoodJam
Your moods. In color.
Track your moods using colors and words.
See visualizations of your moods.
Share your moods with others.

Source: www.moodjam.com
Mobile Mood Diary

An iPhone App, website, and a mobile enabled website

Source: www.moodpanda.com
Track Happiness
Mood Panda

World mood is currently 4.7
Brighton is currently a little unhappy
Males are currently happier than females

Source: www.moodpanda.com
A network of stress solidarity
The End