

## SwapUp Meal Sharing System Survey Results

Joseph Coombe + Rachel Decker

IS 282, Spring 2013

Timestamp	How often do you cook at home?	How many people do you cook for on average?	What would make you want to participate in meal sharing?	What would prevent you from participating in meal sharing?	Any additional thoughts or suggestions?
5/22/2013	2-3 times per week	2-3 people	Convenience	Not knowing food ingredients	
5/22/2013	2-3 times per week	Just me	A chance to try something different, possibly healthier than I would normally eat.	If who I was sharing meals with just did fried food constantly, maybe it wasn't actually a home cooked meal.	It would be a fun experiment to try.
5/22/2013	Every night.	2-3 people	Trying new things	The risk of the meal being horrible or contaminated	
5/22/2013	2-3 times per week	Just me	I tend to always cook the same things or meals that are relatively close. Meal sharing would be a good way to introduce new and creative foods that I haven't had the courage to try or even thought of to try.	What if you got a meal you just hated? That would be the one deterrent for me.	I would be game to try it out!
5/22/2013	2-3 times per week	2-3 people	The convenience of having more home cooked meals. Also, the option of healthier choices and mor variety in my god choices.	The logistics of how this might work. And the number of meals I would have to commit to swapping each week.	
5/22/2013	2-3 times per week	2-3 people	Vegetarain fellow meal-sharers.	Meat-centric dishes (my husband is a vegetarian).	I would do it!
5/22/2013	2-3 times per week	2-3 people	No would not to be committed	See above	
5/22/2013	Every night.	2-3 people	Having a variety of different kinds/types of foods	Food Allergies. To many to make it worth it for people to share with me.	
5/22/2013	A couple times per month.	4-5 people	Convenience	Not knowing the nutritional info of the food and not having individual portion sizes.	I think it would also be very important to think of having freezer access at work and a way of keeping the food cold on the drive home from work.
5/24/2013	2-3 times per week	Just me	Possibly.		
5/24/2013	A couple times per month.	2-3 people	Having a variety of meals in my freezer to choose from on any given night.	Fear that the quality of my preparations wasn't good enough Fear that there would be too many meals that I wouldn't like	
5/24/2013	2-3 times per week	2-3 people	Greater meal variety and convenience.	I don't know many people willing to participate in something like this.	
5/24/2013	Every night.	2-3 people	Less cooking for us! I do not enjoy cooking	Worry about other participants' tastes being too different, and the cleanliness of their kitchen	
5/24/2013	Never or very rarely	Just me	If it was with people I am friends with, trust, and like similar tastes.	I am very particular with food and also worry about sanitation, preparation, etc.	
5/24/2013	Every night.	2-3 people	Nope	The stress of cooking for other people.	Most people who cook dinner for themselves have very specific taste and budget in mind. Cooking for other people you would have to consider their diet and you would not want to cook Mac n Cheese if they cooked you steak so there would be additional pressure to spend a certain amount.
5/24/2013	2-3 times per week	2-3 people	Easy to make menus - lots of tradable containers.	Transporting things over distances. I have to much of a random schedule... hard to go from work to home to delivery to another home	
5/24/2013	Never or very rarely	2-3 people	Reliable/consistent group to participate with	Stressful work/home life	

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5/24/2013	2-3 times per week	2-3 people	I really can't think of an up-side to mealsharing unless it's a temporary assist to someone who needs meals brought to them (recovering from illness, etc).	Both of us are fairly picky eaters, and I have food allergies. We're watching our fat intake. Neither of us likes spicy foods. We're just not experimental food-wise. Also, we don't like to spend a lot of time cooking, and we eat very simply - every other night we eat a salad for dinner.	If you're going to mealshare, know the people WELL. Know what the cleanliness of their kitchen is like (I have a girlfriend who lets her animals eat off the same dishes as people...I won't eat at her house). Be crazy careful with people with food allergies - even the smallest exposure to allergens can have terrible consequences. I could see mealsharing working if you all communicate, agree on recipes to use, and are super-reliable.
5/24/2013	2-3 times per week	2-3 people	The only time I'd do this is if someone needed short-term help (recovering from illness, etc.).	Food allergies. Both of us are picky eaters. Both of us are watching our cholesterol and can't eat fried or spicy foods. We eat simply (salad for dinner every other night), and we're just not experimental food-wise.	This might be interesting. You'd all need to know each other well: well enough to evaluate how clean each other's kitchens are (imagine all five couples getting food poisoning together). Think about this: my girlfriend feeds her cats on the same plates she serves her family on. Would that be OK with you? You'll also have to know each other's food allergies so you don't accidentally do harm.
5/27/2013	A couple times per month.	2-3 people			
5/27/2013	2-3 times per week	Just me	streamlined time and money investments in meals; variety of foods	i am vegetarian, so that would have to be accommodated; also i might prefer to eat alone frequently, so i'd want that to be built into things	
5/27/2013	Never or very rarely	Just me	I never have time to cook and I have friends who cook very well.	<ul style="list-style-type: none"> <li>- I don't have a microwave. So it would have to be something I could re-heat in a stove.</li> <li>- A lot of my friends eat much more meat than I do.</li> <li>- Reheated food usually isn't as good as freshly cooked food.</li> <li>- I'd have to cook for someone else to participate!</li> <li>- If I didn't know the person well, I might be worried about food quality, contamination, etc.</li> </ul>	
5/27/2013	Never or very rarely	4-5 people	Not having to cook myself! I can't cook :( Actually, diet-based meals, like low-carb or low-glycemic impact meal swapping would be great. Could help keep me motivated.	<p>Having to cook! I know, it's kinda the point . . .</p> <p>Complexity of coordinating exchanges.</p>	
5/27/2013	Every night.	4-5 people	I would need to trust the person cooking my food. I hope they're not a sneaky chef, slipping in purees.	if I knew that someone had an unsanitary house	
5/27/2013	2-3 times per week	2-3 people	Having a lot of different types of meals, a variety of types of cuisines, and a good rating system for the meals. Also a way to show that a user was "untrustworthy" ( basically their meals suck or they don't share)	The only thing that would probably make me not want to participate would problems with actually getting the food. If it became a hassle to send the food out or receive it I would probably stop using the service.	
5/27/2013	Every night.	2-3 people	To save time and money.	Nothing. I am open to new foods. It could be a fun experience.	It would be less wasteful if people would do this. It would also make for a closer community.

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5/27/2013	Every night.	2-3 people	Less time in the kitchen, more time with my husband and son	Eating someone else's cooking scares me a little...	
5/27/2013	Every night.	2-3 people	To show off my culinary prowess	Knowing that few people care about artistically creating fresh delicious home made meals as much as I do	
5/27/2013	A couple times per month.	Just me	Socializing and trying new/interesting dishes.	Time constraints. Creating a recipe and cooking it for a bunch of people - I typically only cook for myself or order food, so putting together a meal might be difficult.	
5/27/2013	2-3 times per week	Just me	I already do...I switch weeks with a coworker and we take turns making each others' lunch for the week.	People who don't eat the same things as I do. I need my meals to be healthy and not contain certain meats.	Be sure to include how many calories you would like the meal to be.
5/27/2013	Every night.	2-3 people, 4-5 people	similar eating habits & quality of ingredients	outward hygiene of participants (bc that would make me think their at home habits are worse), and the thoughtfulness actually put into a quality meal/dish	this is a great idea!
5/27/2013	Every night.	Just me	Convenience The idea of not having to worry about cooking every night Trying new foods	I can't cook well The pressure/responsibility of cooking for others	To increase the social aspect have people host dinners at their homes. In the vein of pot lucks. People can include recipes on how to make the dish. That way those who have limited cooking skills/knowledge can learn new techniques and will more likely attempt cooking more often in order to recreate a delicious dish someone has shared.
5/27/2013	Every night.	2-3 people	Only having to cook once a week. Trying new dishes that others have made.	I would have to know that the other participants were dependable and were decent cooks.	You would need guidelines about what the group wants nutritionally. Also if someone has allergies or strong dislike. It would be hard to cook for several families without guidelines.
5/27/2013	2-3 times per week	2-3 people		I wouldn't be sure of what people will use/put in the meals.	
5/28/2013	Every night.	2-3 people	Time saving	Diet issues	
5/28/2013	Every night.	2-3 people	Busy career	Our cooking time is a time where my husband and I connect with each other at the end of each day. Cooking the meal is not a chore, it is part of our "down time."	
5/28/2013	2-3 times per week	2-3 people	If all my friends were great cooks (They're not!)	Knowing that my friends are horrible cooks.	
5/28/2013	2-3 times per week	2-3 people	Variety in food, socializing with neighbors that we probably would not too much interaction with.	Trustworthiness in neighbor's cooking.	
5/28/2013	A couple times per month.	Just me	Variety and the pleasure of trying someone else's creation.	Variety and the displeasure of trying someone else's creation. Quantity and quality of food has to be agreed with some sort of measure (a minimum/maximum spend on the meal).	Interesting idea. I think an agreed to list of foods by the group would make it more of an agreeable venture and more alluring.
5/28/2013	2-3 times per week	2-3 people	Baked pasta (mac n cheese, lasagna), grain salads, chicken dishes	Not having enough time to cook a large amount of food, convenience of cooking at home when I want and making what I want.	No
5/28/2013	2-3 times per week	Just me, 2-3 people	I enjoy cooking, and I find it is easier to cook for larger parties.	As a vegetarian, I would only participate if the group did all vegetarian dishes. I am a picky eater and there is a long list of what I don't like- I think it is unlikely that I would enjoy every meal. Also, I don't like when other people cook my food.	

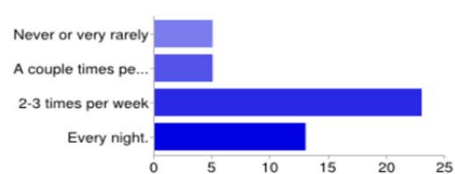
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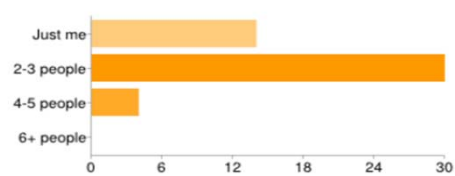
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5/28/2013	2-3 times per week	2-3 people	Chance to try interesting new foods.	Participating members don't share my same diet (vegetarian). Participating members may not be good cooks. Food would not be fresh (would be frozen)	
5/28/2013	Never or very rarely	Just me	shared tastes in both food and creative environment	people who are jerks/ eat things i dont enjoy	
5/28/2013	2-3 times per week	Just me	If the other people liked the same kind of food as I did and if I liked the other people.	Not having time, not liking the other people's meals or if I know that the other people didn't wash their dishes really well....	
5/28/2013	2-3 times per week	2-3 people	If I knew people could cook good food, I'd be interested in trying it out. Maybe a pre-shared-meal-thing potluck to try everyone's cooking? It seems like a fun idea to get to know people in a new way. I also might be more inclined if they were people I already knew (or kind of knew) since it's hard to trust that everyone will wash their hands before cooking. If they were people I knew and germs I knew, that kind of thing wouldn't really bug me.	Bad food. Dirty people cooking bad food. Having to cook for too many people might deter me, too. And I don't love planning ahead, so that could be an issue. Would there be opposition to frozen PB&Js?	I've heard Eat Pray Love is good.
5/28/2013	2-3 times per week	Just me	Ease of exchange, dependability, and trust.	Inconvenience, terrible food, etc.	

## How often do you cook at home?



Never or very rarely	5	11%
A couple times per month	5	11%
2-3 times per week	23	50%
Every night	13	28%

## How many people do you cook for on average?



Just me	14	29%
2-3 people	30	63%
4-5 people	4	8%
6+ people	0	0%