

FitCouch



The **FitCouch** can connect via WIFI to transfer data to and from the user devices. Connectivity can be established with a home network i.e router, modem, or mobile hot spot .



FitCouch users can input their personalized information such as weight, height, age, goals, into our downloaded App via mobile device.



FitCouch also connects via Bluetooth to back up data and allow sharing for friendly competition.



The **FitCouch** app is available for free in the Apple Store and Play store . Application updates will be delivered through the Apple Store and Play Store periodically.



FitCouch application seamlessly connects with Apple Watch, JawBone, Samsung watch and many others to add all other activity



User Data will be stored and transferable between our servers and mobile devices through the app.



The **FitCouch** runs on a single Lithium Ion Battery that will keep up with your everyday activity for approximately 3 months (results vary). Charger comes with 110/220 US/EU plug.